

Promoting First Relationships Right From the Start Infant Mental Health

Resources for Parents and Professionals

Baby Stages: A Parent's and Caregiver's Guide to the Social and Emotional Development of Infants and Toddlers

A learning tool for new parents! Available in English, Spanish, Arabic, & Chinese. www.mi-aimh.org

Rolling Into Fatherhood: Dad's Guide for Fun

A learning tool for dads! Available in English. www.mi-aimh.org

Relationships First, a Training Companion for Parents & Professionals

Gives you a little more information about early relationship development and why it is important for your baby's health and growth.

www.mi-aimh.org

ZERO TO THREE: Parenting Infants and Toddlers Today Webinar -

Just released, our new national parent survey offers critical insight into the issues facing parents of very young children. Read the [detailed report](#), [listen](#) to experts discuss the findings, and [explore](#) our resource kit that includes downloadable handouts and more. www.zerotothree.org home page.

ZERO TO THREE: Learning & Growing Together: Understanding and

Supporting Your Child's Development - Using personal vignettes, reflective questions, and discussion points to engage the reader, it empowers parents and caregivers to become their own best resource by helping them think in new ways. [More Details](#)

ZERO TO THREE: Songs, Rhymes and Fingerplays in Spanish and English

[Read More](#)

ZERO TO THREE: Everyday Ways to Support Your Baby's and Toddler's Early Learning

[Read More](#)

Websites for Parents and Professionals

www.mi-aimh.org

The Michigan Association for Infant Mental Health is an organization for professionals from many disciplines who work in a variety of ways to promote the social and emotional wellbeing of women during pregnancy, infants, toddlers and their families. Its mission is to support nurturing relationships for all infants, toddlers, families and caregivers.

www.zerotothree.org

ZERO TO THREE is a non-profit, national organization that informs, trains and supports professionals, policymakers and parents on behalf of the social, emotional and cognitive well being of all infants, toddlers and families.

www.infantmassageusa.org

Infant Massage USA promotes nurturing touch through the [training](#) and [certification](#) of Parent Educators, and [classes](#) and one-to-one instruction for parents and full-time caregivers. The relationship between a parent and baby is enhanced and strengthened through the nurturing touch of infant massage.